



Springs Wings

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May 2004



20 Ways to Appreciate Your Chapter COY

By Hampton & Sharon Conway, 2003 Northeast Region COY

"...not selecting a Chapter COY is like the boss telling their employees, "For your efforts, none among you deserves any recognition". - Quote from the 2002 Leadership Seminar presented by Bruce & Julia Malson, 2002-03 International Couple of the Year

- ❖ Treat your COY to a free breakfast on the next group ride to the District Rally or Wing Ding.
- ❖ Pay for one year's GWRRA membership renewal.
- ❖ Encourage your COY's Rider Education participation by sponsoring their fees to renew or advance their Rider Education level.
- ❖ Arrange for the couple to receive new vests with the embroidery included that will announce to all that they are the 2003 Chapter Couple of the Year.
- ❖ Break the cycle of the legacy of the COY 50/50 sales
- ❖ Supply short-sleeved chapter shirts with their name, chapter, etc., 4-inch patch on the front and 10-inch patch on the back for hot weather in lieu of vests.
- ❖ Send a note card with a written expression of your personal thanks & appreciation.

The Couple of the Year (COY) program is an exciting and fun way to recognize GWRRA couples for their commitment and dedication to GWRRA. It is an honor to be bestowed, not a beauty pageant or popularity contest. What an excellent opportunity it is to show our appreciation to our volunteers for their hard work!" - Vern & Verna Dudley, Int'l COY Coordinators

- ❖ Give the COY a free coupon from the chapter's favorite ice cream hangout.
- ❖ If you gather at an eatery, cover the bill for your COY (and any visiting COY)
- ❖ Always introduce your chapter COY when visiting other chapter gatherings, anniversaries, etc.
- ❖ Recognize the COY's Anniversary with a **"honeymoon bag"**: visit your local dollar store for two long stemmed glasses, one bottle of sparkling flavored water, and one large candle + gift bag.
- ❖ Supply your COY with a photo album so they can capture their special year for years to come.
- ❖ Supply a coupon for a photo session at your local photo store or department store for the COY in their "dressy" outfit.
- ❖ Pay for all or part of a rally registration.
- ❖ Show up one morning or evening at their home and help them detail their bike.

"COYs should not be pressured to go beyond their financial means. It would be appreciated if visiting COYs were invited to be "house guests" by Members and provided with complimentary meals at GWRRA functions. This is where Districts and Regions can especially offer reciprocity. When you are aware that a COY will be attending your event, provide them complimentary registration. Ask them if they would like to help—in judging events, 50/50 sales, seminars, etc., --or if they would prefer to kick back, relax, and just socialize."

2002 Couple of the Year Guidelines Excerpt

- ❖ Supply new name tags for the Chapter COY. Most suppliers will do two badges for the price of one.
- ❖ Have a card or email shower for the COY: Contact all of the chapter members via phone tree and email to send notes, cards, or emails of appreciation.
- ❖ Print business cards for your COY with their names, address, email, and any chapter office held.
- ❖ Praise, appreciate, lift up, and edify your Chapter Couple in private and in public.
- ❖ Treat your COY to rally shirts at the next District rally or Wing Ding.
- ❖ **There's always room for more!**

These "20 Ways to Appreciate the Chapter COY" are not all inclusive nor are they meant only for the Chapter COY. Outstanding volunteerism abounds throughout our GWRRA family. Over the last 25 years chapters, districts, and regions have benefited from the volunteer efforts of couples and individuals long forgotten. The present and future outstanding volunteers are and will be the backbone of every successful GWRRA event. The volunteers are selfless, good natured, and not expecting any rewards. On the other hand, every single volunteer expects to feel "appreciated". Active three dimensional appreciation infuses the fun into the volunteer efforts of the participants. Everyone loves to feel appreciated!

Saddlesore Region F article

Sandy and I have enjoyed going to events, meeting people, hearing ideas and thoughts on a variety of topics. In sharing success stories, ideas we can readily see a multi- talented, highly skilled group of people ready for interaction. It is sometimes our leaders who throw caution to the wind. So Mr. and Mrs. CD Sandy and I want you to say YES to these incredible energetic people. Try new ideas, brainstorm those ideas into tried and true directions which will shape your chapter and District into a fun loving group who make joining GWRRA very appealing. We have high hopes for all the Chapter Directors and the staff of every chapter in Region F. Sandy and I have long thought and developed a philosophy “ You only get out of something what you put into it” The surest way to feel you belong (and you do) is to get involved. Volunteer to do something in your chapter. Utah’s “Carebear” program is a great example of great ideas coming to life. Colorado’s motorcycle shows recruitment effort (52 new members) another great one. Arizona’s Masters Pin Program is a great tool to involve new and old in the rider education program. We have fantastic people who are capable of fantastic things. Raise your hand in support of your chapter. Become one of the many who know it is the giving to GWRRA (Chapter) that you and I reap

the benefit and abundance of friendship and laughter. Help the new Chapter director keep from doing everything themselves. It is your talent and friendship your chapter seeks. Give it freely and reap the rewards.

Sincerely,
Rick and Sandy Dyer
Region F Director



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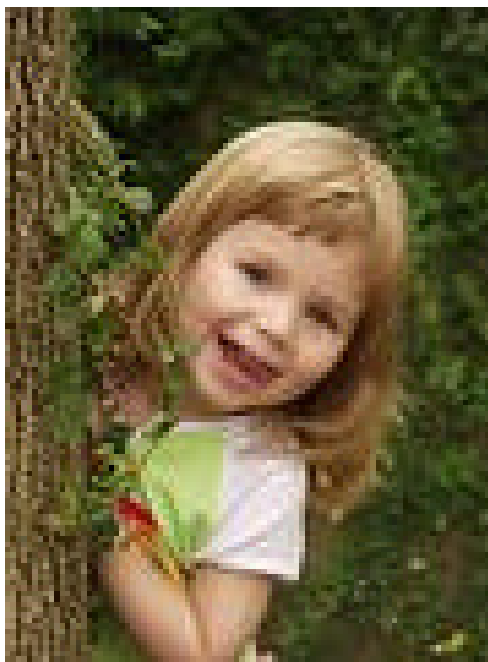
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Other Chapters and Meeting Info

<i>Chapter</i>	<i>Director</i>	<i>Phone</i>	<i>When & Where</i>
A	Bill & Katie Wieder	303-798-3522	1 st Thu 7pm Littleton
B	Mike & Robin Bradbury	970-241-3933	1 st Sat 8am Grand Junction
C	Curtis & Janet Lennox	719-372-3086	3 rd Sat 9am Canyon City
D	April & Ed Lugo	970-389-1352	1 st Sun 12pm Holiday Inn, Frisco
E	Vince & Janet Hauk	303-430-8929	2 nd Fri 7pm Arvada
G	Monty & Cindy Loftus	970-686-9731	3 rd Sun 8am Ft. Collins
I	Dave & Kathy Wren	719-591-2739	1 st Sat 9am Colorado Springs
J	Bob Anderson	303-750-7928	2 nd Wed 7pm Aurora
K	Robert Van Winkle	970-330-1301	1 st Sat 9am Greeley
L	Al & Jeannie Plumhoff	303-670-0318	1 st Mon 7pm Lakewood
N	Mike & Debbie Rose	719-485-3535	1 st Sat 5:30pm Pueblo
O	Ron & Rita Sweetin	303-776-0081	3 rd Sat 8am Berthoud
Q	Derek & Laurie Fuller	970-874-0961	3 rd Sat 8:30am Delta
T	Gary & Jan Gardner	970-882-7998	4 th Sat 8am Christina's

Special Events

The Ride for Kids is finally coming to Colorado. It's only 20 years old. June 27th is the date. Heritage Square in Denver is the staging area. The route will probably be to Evergreen, Morrison and end at Bear Lake Park. We will send more info, but put it on your calendar. It is for a good cause and should be fun. We did the toy run here this year and it is really an awesome sight to be in a parade of bikes that stretches as far as you can see in front and back of you.



Region COY and IOY Selection

Monty & Cindy Loftus, our Colorado Couple of the Year, and Wayne Champlin, our Colorado Individual of the Year, are heading to Elko, Nevada, the end of this month to participate in the Region selection process at the Nevada District Rally.

Couples and Individuals from the other six states in our Region F (Arizona, California, Hawaii, Nevada, New Mexico, and Utah) will also be participating in the Region F Couple and Individual selection. Our guys & gal will be interviewing with the judges at 2 p.m. on Friday the 28th of May and will join the others in giving their presentations at 7 p.m. that evening. The new Region Couple and Individual of the Year will be announced at the opening ceremony the next morning.

It looks like several of us will be departing this area for Elko early Thursday morning on the 27th, and you are most welcome to come along with us! It would be terrific if we could have a big Colorado presence in the audience.



The
ULTIMATE
white
accessory

If you can't make the rally, please call or e-mail Monty & Cindy and Wayne to let them know they have your support.

Ron & Marsha Curry
Colorado COY/IOY Coordinator
Region F COY 2003-2004

Monica Trades Bikes



Saying goodbye to an old friend.



Celebrating Monica's new Wing.

Getting Back On

As most of you know, Butch and I crashed last August on our way home from the Veteran's rally in Cripple Creek. Butch was in the hospital for a week with broken bones and a punctured lung. I was sent home with a badly injured knee, stitches in my head, multiple abrasions, and lot of road rash.

Butch has been working on getting the bike ready to ride and was able to take the bike out a few times the last couple of weeks to help build his strength before I got on with him.

Yesterday we rode from Florissant to PPIR. To be honest, the first five miles on the highway were terrifying for me. (Our wreck was caused by gravel in the road.) As we road along yesterday, I would see the gravel left along the side of the road from the winter and I began seeing the crash all over again.

It was all I could do to keep from yelling, "Stop, let me off" or "Take me home." This was not what I wanted. I wanted to feel the *excitement* of riding not the *fear*. I kept my mouth shut (believe it or not) and just prayed that these feelings would go away and that we would have a safe ride.

The ride began to get better, then as we were coming down the pass we came to the road construction (where they are stripping the road to repave it). The ridges in the pavement are bad enough when you are in a car, much less on a bike. I felt as if the bike would slide out from under us even though we really did have traction. That's not a good feeling. Finally, we were back on regular pavement.

Once again, I began feeling better about riding. We get on I-25 and head South to PPIR. I look up and there is a car with it's blinker on moving into our lane. Not in front of the bike, but into the area we were occupying. Butch had to brake and honk to let them know they were invading our space.

We made it to PPIR without any further incidents. We signed up to work the races again this year, visited with friends, and headed home.

I got back on the "horse" after falling off (well really I was thrown off and skidded twenty feet). After my initial fears and anxieties of the first forty miles back in the saddle, I can honestly say that you WILL see me ride again.

Linda Shelley

Sunday Afternoon Ride by Ron & Marsha Curry

Some of you are old enough to remember going for have anywhere to go, but you just piled into try to relax and just be together for a

Well, that's what we did
bikes got together
north from

Sunday afternoon rides with your family. Didn't really the Pontiac or Ford and took a slow drive in the coun- while.

the afternoon of Sunday the 3rd of May. Eight at the Curry's home at 1:00 p.m. and we headed there. On the way out, we played "follow the leader" at the Lewis -Palmer High School park- ing lot to warm up some of our slow speed skills. Nothing stressful, just a gentle prac- tice to prepare everyone for a u-turn later in the ride.



From there we headed to Palmer Lake and then Highway 105 to Jarre Canyon Road (Highway 67), where we turned left and rode the twistys toward Deckers. We went to where the road turns to gravel, then all 8 bikes executed a u-turn and headed back down – Darrel, who was in the back of both groups, said it was a thing of beauty to watch! The ride up and down the twistys was fun, but cautious. There still was lots of sand on the road, and everyone took their time and stayed in the tracks cleared by car tires.

Having just ridden an exhausting 70 miles or so (our arms were tired from waving at all the other motorcycles on the road), it was time for an ice cream stop in Sedalia. We had a nice break, and Laurie decided to see how well chocolate ice cream blended in with the front of her shirt. Everyone had a chance to admire Ron's latest white accessory hanging low on the back of his bike.

We mounted back up and then rode past the Castle Rock factory outlet stores and on to Franktown, Elizabeth, and at Kiowa, where we headed south on the Elbert Highway (CO 25). We pulled into the Safeway service station at Meridian & Woodmen about 4:30, and introduced ourselves to a '86 Gold Wing rider who was gassing up. Lewis Farmer tore the GWRRA application out of his Gold Book, and after visiting with him for a while, we invited him to our next meeting.

Thanks to Ken & Liz, Terry & Didi, Bob & Jan, Larry & Jane, Lewis, Eric, and Darrel & Laurie for showing up and riding with us. Several of us talked about how difficult it has been to make it to the early all day (or longer) rides this year. This little jaunt served the purpose of getting us together for a little while to put in a few gentle miles on a terrific, sunny motorcycle day.

May / June 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
9	10	11	12 Dinner Ride meet at Apex 6:00	13	14	15 Chapter C Camp Out @ Canon City Abbey Moab, Utah ride with Mark Atwell
16 Moab, Utah	17	18	19	20	21	22 AMA Superbike races @ PIR
23	24	25	26	27	28	29 Nevada District t Rally— Elko, NV, COY/IOY Competition
30 Nevada District t Rally	31	1	2	3	4 Chapter L—50's Ride In	5 9:00 AM Chapter meeting

Upcoming Rally Guide

Nevada Rally ... May 28-30, Elko, Nevada

<http://www.gwrra-nevada.com/id40.htm>

Utah Rally ... June 11-13, Kanab, Utah

<http://www.gwrra-regionf.org/UtahDistrict/utahdist.htm>

2004 Region F/CA District Rally

TOTALLY TAHOE

Sept. 2-5 ... Lake Tahoe, California

<http://gwrra-regionf.org/RallyInformation.htm>

Colorado Rally ... Sept. 9-11, Montrose, Colorado

<http://coloradogwrra.com>

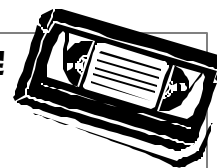
New Mexico Rally ... Oct. 8-10, Roswell, New Mexico

<http://gwrra0nm.org>

Arizona Rally ... Oct. 22-24, Location to be announced

<http://gwrraaz.com>

MOTORCYCLE VIDEOS



Steve Munter has three Gold Wing related training videos that he would be happy to loan out. 719-536-0315

- Gary Sanford's Slow Speed Cycling Seminar
- Touring and Braking
- Co-Rider

Steve has also ordered a copy of the History Channel documentary broadcast a few months ago regarding how Gold Wings are built at the factory in Ohio.

Butch Shelley has

- Colorado on 2 Wheels — VHS
- The Unofficial History of Harley-Davidson Motorcycles — DVD

Please contact Steve Munter with your list of motorcycle videos to loan and share.



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