

# SPRINGS WINGS



## CHAPTER I MONTHLY GATHERING

### WHEN

**1st SATURDAY**

8:30 coffee, 9:00 meeting

### LOCATION

Holy Cross Lutheran Church  
4125 Constitution Ave.

### - From the Director's Desk -



This summer has just flown by...it's already August! It seems like it was just a little while ago we had the Region Rally in Albuquerque. Now, can you believe it? In just a few short days it will be time for our District Rally!! We hope that all of you can make it to the rally this year. The weather report says we'll have some beautiful sunny 80 degree days in Montrose. Meanwhile, Colorado Springs is forecasted to have thunderstorms each day. Yet another great reason to come to the Rally!

Chapter-I will once again put on the Bike and Light shows at this year's District Rally. It is so great to see all of the different bikes all shined up and on display for the bike show. Did you know that there are currently 28 bike categories for the bike show? This may change starting with Wing Ding (did I spell that right? ;-).

The light show is simply amazing! I don't know how these folks can get so many lights on their Gold Wings and some of them are in sync with music. This is one of the greatest spectator sports around that you simply don't want to miss. Plus you can get some great chocolate and ice cream conveniently at Russell Stover while you're there.

We hope to see you in Montrose.

Ride safe, and we will see you out there.

Steve & Jacque

Meet your Colorado District &  
Region 'F'un Staff at:  
[Colorado District Staff](#)



Visit Colorado Chapter I at  
[www.SpringsWings.org](http://www.SpringsWings.org)

## THOUGHTS FROM THE BACK SEAT

This week Steve and I had some work done at our house. We had landscapers come out to work in our yard. The landscapers unloaded tons of rocks, all different shapes and sizes, into a big pile, right in the middle of our driveway.

Some of the rocks, stones, boulders, I could easily pick up they were so small, while others must have weighed at least 50-60 pounds a piece.

As the week progressed, I watched as the landscapers took the rocks that started out as a pile and began giving them definition and character. It seemed that in no time at all a beautiful rock wall was formed that will support the length of our new driveway.

It was amazing to see how each stone was laid in together, big and small, fitted so tightly to one another, so strong. There were no rocks that were wasted. Every single one was used. Each rock seemed to have found it's spot, just the right place made specifically for it.

Is not our chapter I family the same? We are not rocks, boulders, pebbles or stones but we each come with our own set of gifts and talents that benefit chapter I as a whole.

When we are working together, each of us fitting ourselves into those projects, those roles, that best suit our talents, what starts out as a pile of rocks, suddenly turns into something more, greater, better, bigger, than anything we could do individually.

Steve and I would like to say an especially huge thank you to all of you in our chapter I family who generously, jump right in. Quite truthfully, without you, Steve and I would just have a big pile of rocks.

Jacque Callicott  
Chapter I Director





**Don & Jackie Lacasse**  
**Assistant Chapter I Directors**

## 2016 Chapter I Staff

- Chapter Director**—Steve & Jacque Callicott  
[Directors@SpringsWings.org](mailto:Directors@SpringsWings.org)
- Asst. Directors**—Don & Jackie Lacasse  
[AsstDirectors@SpringsWings.org](mailto:AsstDirectors@SpringsWings.org)
- Rider Education**—Earl Edwards  
[RiderEd@SpringsWings.org](mailto:RiderEd@SpringsWings.org)
- Treasurer**—Doug Irish [Treasurer@SpringsWings.org](mailto:Treasurer@SpringsWings.org)
- Historian/Scrapbook**—Laurie Cruzan  
[Historian@SpringsWings.org](mailto:Historian@SpringsWings.org)
- Newsletter Editor**—Olga Wyman  
[Editor@SpringsWings.org](mailto:Editor@SpringsWings.org)
- Phone Tree Coordinator**—Nancy Lockhart  
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- Sunshine Committee**— Marilyn Irish,  
Nancy Lockhart  
[Sunshine@SpringsWings.org](mailto:Sunshine@SpringsWings.org)
- Webmaster** — Glenn Goode  
[Webmaster@springswings.org](mailto:Webmaster@springswings.org)
- Membership Enhancement Coordinator**—  
Jim & Olga Wyman, [Membership@SpringsWings.org](mailto:Membership@SpringsWings.org)
- Community Service Coordinator**—  
Marsha Curry, [CoiComSrv1@SpringsWings.org](mailto:CoiComSrv1@SpringsWings.org)  
Nancy Lockhart, [CoiComSrv2@SpringsWings.org](mailto:CoiComSrv2@SpringsWings.org)  
Laurie Cruzan [CoiComSrv3@SpringsWings.org](mailto:CoiComSrv3@SpringsWings.org)
- Chapter Photographer**—Everyone
- Store** — Jeannie Bondurant, [Store@SpringsWings.org](mailto:Store@SpringsWings.org)
- Couple of the Year (COY)** - Claude & Nancy Lockhart
- Individual of the Year (IOY)** - Lamont ‘Rocky’ Rigby



**Chapter I  
2016**  
  
**Couple  
of the Year**  
  
**Claude & Nancy  
Lockhart**

**Chapter I  
2016**  
  
**Individual  
of the Year**  
  
**Lamont  
'Rocky' Rigby**



# Springs Wings

## Birthdays



SEPT 2016

2-Marilyn Irish  
11-Tammy Day  
Kathy Wren  
15-Tom Wilkie  
25-Jeannie Bondurant  
29-Doug Irish  
30-Cliff Childs

## Anniversaries



SEPT 2016

1-Gene & Marina Krull  
3-Dave & Kathy Wren

## Members to Remember

**GREAT TO SEE  
DON & CATHY !!  
Looking Great & Doing Well !!**

**Best Wishes In Swift Recovery  
JOANN HAUSER**

**Best Wishes  
Upcoming Surgeries  
Dan Maine  
&**

**Potential Surgery  
Glenn Goode**

## Dates to Remember

**Aug 11-13 - CO DISTRICT RALLY — MONTROSE**

**Aug 26-28— Elk Creek Campground [limited space]**

**Aug 28-30— WY DISTRICT RALLY—Sheridan, WY**

**Aug 31-Sep 3, 2016 - WING DING 38, Billings, MT**

**! Welcome New Friends !**

**Jim & Norma  
Joe & Patty  
Larry Archuleta**

### Warm Weather Worries

Motorcycle riding is an activity that takes all of us outdoors. For many of us, the riding season is comprised of summer with some spring and some fall periods. For others, the best riding times are during the spring and fall seasons due to excessive heat in the summer months. For all of us, we are likely to be riding in hot weather at least some part of the year. Since too much heat can cause severe medical emergencies, it is important to know how to avoid becoming a victim of the heat. So how do we avoid heat stress, or more severe conditions like hyperthermia, to remain safe? Let's review some warm weather riding tips.

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours (if you are lucky enough to avoid the rain). If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance. They are worth considering. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep you cool. Or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flowing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each

## RIDER EDUCATION

rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water to drink from whenever you need it. Be sure to refill it at rest stops.

Third, remain aware of your own physical condition. Exposure to too much heat for too long can result in hyperthermia. This is the condition where your body cannot properly regulate your internal temperature and your temperature rises uncontrollably. If allowed to reach this state, it is a medical emergency requiring immediate medical attention. The key is to prevent your body from reaching this condition. Watch for symptoms like the absence of sweat in hot weather. This could mean your body has lost too much water and cannot produce any more sweat, the principal means of temperature regulation. Without the ability to sweat, the core temperature of the body will rise quickly. Other early warning symptoms include confusion, headache, dizziness, redness of the skin, often most noticeable on the face. If you notice any of these symptoms in yourself or those riding with you, find the nearest place to sit down, drink lots of water, and relax in the shade or an air conditioned space. Remove gear and loosen clothing to allow the body to cool itself. Increase the frequency of breaks during the hottest part of the day. And definitely get out the water absorbing collar or soak your shirt at this time. It will help bring your body temperature back down.

With the right gear and travel plans that include frequent breaks with plenty of water, you can enjoy riding safely even in the hottest weather.

(By Bruce & Melissa Thayer)

**Earl Edwards**  
**Chapter Educator**  
**MSF Certified Rider Coach**



# RIDER EDUCATION

## RIDER EDUCATION ACRONYMS

Here is a list of acronyms for Rider Education. Some people stated that they did not know all of the acronyms that was used by Rider Education. Hopefully this will help.

2-UP	Co-Rider participating in a Rider Course
3WBRC	MSF - Trike Rider Course
ARC	Advanced Rider Course
BBBRC	Basic Bike Bonding Rider Course
BRC	Beginner Rider Course
BRC2	MSF - Experienced Rider Course
CMSP	California Motorcyclist Safety Program
COT	Certified Officer Trainers
CPR	Cardiopulmonary resuscitation
CRS	Co-Rider Seminar
CRTS	Co-Rider Two Seminar
CRV	Co-Rider Seminar Video
CSC	Canadian Safety Council
DDE	Dealing with Different Elements
ERC	MSF - Experienced Rider Course
ERCSP	MSF - Experienced Rider Course Skills Practice
ESCS	Evergreen Safety Council - Sidecar
ESCT	Evergreen Safety Council - Trike
FA	First Aid
GGG	Going, Going, Gone
GRS	MSF - Group Riding Seminar
HM	Helmet Myths
HRD	How to Use R E Database
HSS	High Side Scenarios
LTCI	LT Certified Instructor
LTMI	LT Master Instructor
LTSI	LT Senior Instructor
LUP	Level Up
MA	Motorist Awareness Seminar
MCSR	Motorcycle Crash Scene Response Seminar
MFA	Medic First Aid Course
MFAI	Medic First Aid Instructor

## RIDER EDUCATION

MIARC	Master Instructor Advance Rider Course
MISRC	Master Instructor Sidecar Rider Course
MIT	Master Instructor Trainer
MITC	Master Instructor Trailering Course
MITRC	Master Instructor Trike Rider Course
MMR	Motorcycling for Mature Riders Seminar
MRC	Motorcycle Rider Course
MSF	Motorcycle Safety Foundation
MTTRC	Master Instructor Trike w/ Trailer Rider Course
MUT	Master University Trainer
NR	Night Riding
OHPSR	Oklahoma Highway Patrol Safe Riders
OTH	Other Seminars
PF	Parking Lot Practice Facilitator
PFT	Parking Lot Practice Facilitator Trainer
PLP	Parking Lot Practice
PLPS	Sanctioned Parking Lot Practice
RCC	Road Captain Course
RDH	Riding in the Heat
RLAP	Ride Like a Pro
RMHC	Running Mountains, Hills and Curves
RWN	Riding with New and/or Inexperienced Riders
SPCW	Streetmasters Precision Cornering Workshop
SPDP	Seminar Presenter Development Program
SRC	Sidecar Rider Course
SRS	MSF - Seasoned Rider Supplement
SUT	Senior University Trainer
TC	Two Wheel Trailering Course
TCARC	Total Control Advanced Rider Clinic - Lee Parks
TRC	Trike Rider Course
TRS	Team Riding Seminar
TS	Trailering Seminar
TTRC	Trike w/ Trailer Rider Course
UTDP	University Trainer Development Program
UTDPCI	University Trainer Development Program Certified Trainer
UTLTP	University Trainer LTP
UTMEP	University Trainer MEP
UTREP	University Trainer REP
YAE	You're an Educator - Now What?



# Springs Wings

## WHERE'S THE WING ??

**Do you know where the Wings in this photo are?**

**EMAIL RESPONSES TO: [co\\_inewsletter@yahoo.com](mailto:co_inewsletter@yahoo.com).**

**PRIZE: The first correct email response will win 5 -50/50 tickets at the Next Month's gathering.**

**Email your answer to: [co\\_inewsletter@yahoo.com](mailto:co_inewsletter@yahoo.com)**



**JUNE Winner: GLENN GOODE**

**Location: Woodland Park - Rest Stop**



**JULY Winner: RON CURRY**

**Location: Westcliff w/Sangre de Cristo's backdrop  
Hwy 69**



# Springs Wings



## CHAPTER SHIRT EXAMPLES

**Front**

**Back**



**Front  
Only**

**Several people have recently expressed interest in Chapter Shirts.**

**Please Contact  
Steve or Jacque Callicott**

**Trying to get a new list going. Can get shirts ordered once enough requests for a minimum order are received.**

# Springs Wings

## MULTI-CHAPTER CAMP Cripple Creek

Small turnout, but...

### **GREAT FUN - FOOD - COMRADERIE!**

4 DELICIOUS Soups for our Saturday Evening Soup Dinner / Contest

**1st Place-** Becky Ackerman

**7 can Taco Soup**

**2nd Place-** Tammy Bender

**Homemade Egg Noodle Chicken Soup**

A scrumptious **Southwest Chicken & Pork Green Chili Soup** provided by Sandy Wedge, and Olga Wyman provided a tasty **Chicken Taco Soup**.

Saturday after our 'ample' pastries & coffee breakfast, we ended up making it a 'Lunch Ride' as opposed to 'Brunch Ride' !! Much too filling a breakfast. Mike & Becky took a nice hike up the mountain behind the campground, while Jim Wyman led the rest of us on a Nice Ride to Texas Creek for Lunch by way of Cripple Creek, Guffey & the ever favorite Big Horn Sheep Canyon! **Forgot how many twists & turns there were in this route!**

Tammy & Steve Bender- Chapter L  
Becky & Mike Ackerman- Chapter L  
Gary & Sandy Wedge-Chapter E

Maurice Snyder-Chapter I  
Jim & Olga Wyman- Chapter I

**I'll say it again... You won't go hungry as a GWRRA member ..except by Choice !!**  
**- Should definitely do something like this again -**



We had so much food, and the soups were Great! We couldn't Vote amongst ourselves, so we decided we needed to enlist outside help to eat & Vote for 1st & 2nd Place winners .

Jim rounded up these Riders in from Canada who had just come into the Campground.



# Springs Wings

## MULTI-CHAPTER CAMP Cripple Creek



# Springs Wings

## COMMUNITY SERVICE

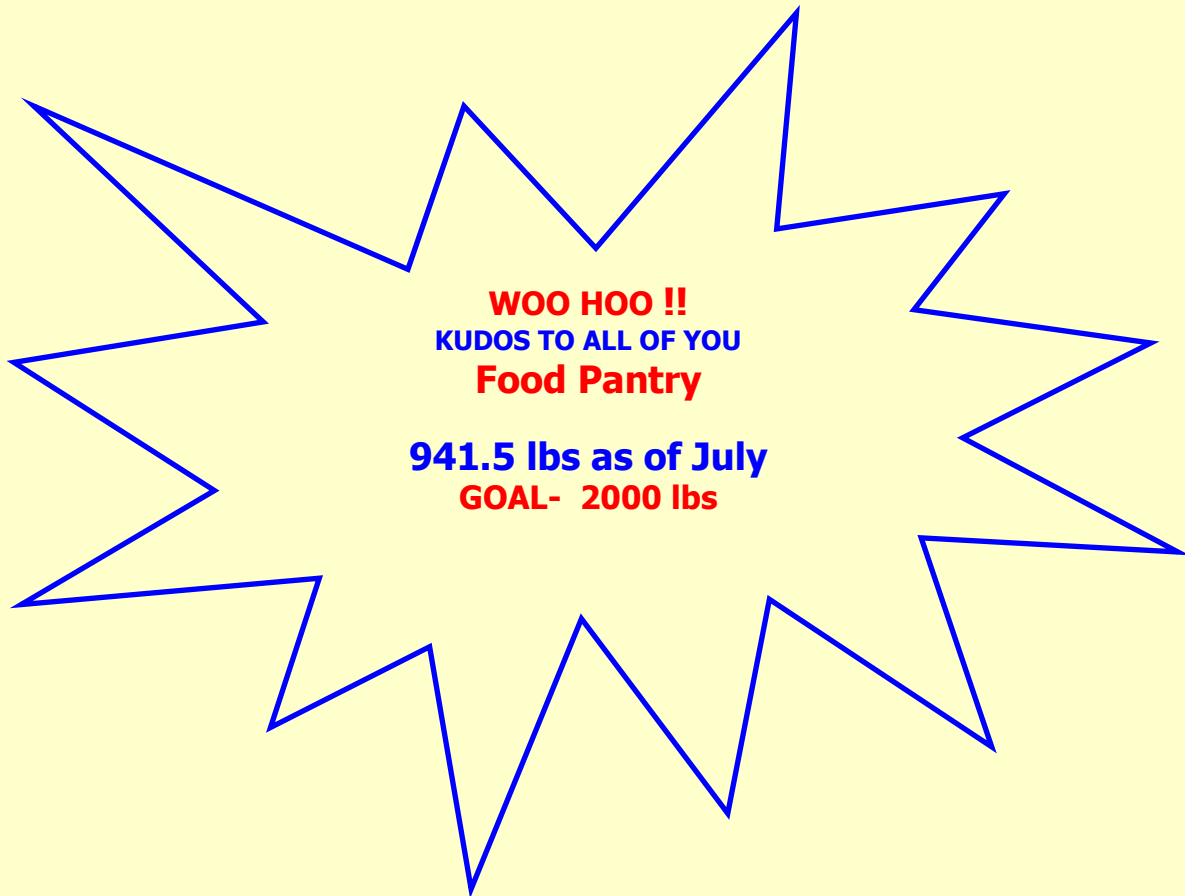
### FOOD PANTRY and HYGEINE ITEMS

Reminder to bring your donation/s to the gathering. School is starting and families are in need, especially at this time.

Also, we are still collecting hygiene items for the bags that we will be filling for donation to charitable organizations sometime in November. Members of the Community Service Committee will be happy to store your tooth brushes, tooth paste or other items to be included in bags for donation.

Be looking for dates to come in the future for blanket making happening in the Fall. The fleece blankets will be donated as Winter sets in.

Marsha, Nancy L & Laurie



# Springs Wings

## WY DISTRICT RALLY

Wyoming District along with the NE/SD District is putting together a tour/trip schedule like no other, encompassing a total of 10 days of rallies/conventions when Wing Ding is added into the trip. Starting off in Wall South Dakota on the 25<sup>th</sup> of August you can enjoy the NE/SD rally/convention thru the 27<sup>th</sup> of August. Traveling on Sunday the 28<sup>th</sup> from Wall to Sheridan Wyoming for just under 300 miles. You than can enjoy the Wyoming District rally/convention from the evening of the 28<sup>th</sup> thru the morning of the 30<sup>th</sup>. Just a few things on the agenda are a welcoming party Sunday night the 28<sup>th</sup>, huge BBQ the evening of the 29<sup>th</sup>, which is included in the registration fee, we are also trying to put together a dance for Monday night, guided and unguided rides, western history like no other including several top rated western museums, awesome western old down town style shopping, Custer's battle field and last stand, Light parade, and I can't leave out some very awesome mountain and plains riding just to mention a few. Leaving Sheridan Wyoming the morning of the 30<sup>th</sup> right after a western style no host breakfast of course to send you on your way, you can take one of several beautiful routes to Billings, a couple of which are Beartooth Pass and Chief Joseph Scenic Highway, getting to Billings just in time to enjoy the down town party the city of Billings is putting on. If you all would be so kind as to forward this e-mail on along with our registration form and information to all your Chapter Directors, so they all can forward onto their members and have a chance to enjoy these awesome 10 days with other GWRRA friends it would be much appreciated.

We are getting really excited to host all our GWRRA Friends out West and make sure everyone that joins us knows what Western Hospitality is all about.  
SEE YOU OUT WEST PARTNER ! ! ! ! AND RIDE SAFE

### ***Rick and Dalene Goetz, Wy District Directors***

7033 Redrock Drive, Gillette WY 82716

[307-682-7900](tel:307-682-7900) H, [307-680-8143](tel:307-680-8143) R, [307-660-0986](tel:307-660-0986) D, [rdgoetz@centurylink.net](mailto:rdgoetz@centurylink.net)

**Historical Sheridan WY**



**ACTIVITIES THAT WILL KEEP YOU BUSY WHILE IN SHERIDAN**

- Devotions for cross social and welcoming party Sunday when you arrive
- Historical drive thru Sheridan, un-motored Western Shopping
- Guided rides in the beautiful Big Horn Mountains, Burgess Junctions, World Champs, Story and many more
- Historical Laser Shows such as, Brites Museum, Skags Rodeo, Wyo Theater, The Main Bar, Fort Phil Kearny and many others
- BBQ Dinner Monday Night, included with your registration fee
- Conventions with each of other GWRRA friends
- Custer's Last Stand, Little Big Horn National Monument and Battlefield
- Take a rest and play golf at the beautiful Powder River Golf Course or stay and rest in beautiful park
- If you ride up to Burgess Junction don't be surprised to see Bang Riders heading off the scenic cliffs
- No Best departure breakfast Tuesday Morning night before you leave for Wing Ding
- Check at registration desk for some awesome routes to Billings, Bear Tooth Pass, St. Joseph's Highway
- Don't forget the Billings Drive to Wall Welcoming party Tuesday night

*Friends for Fun Safety and Knowledge*

**29<sup>th</sup> Annual WY District Rally (AKA Wing Ding & Welcoming Party)**

**Convention / Rally Registration**

Registration \$ 25 X \_\_\_\_\_ people = \$ \_\_\_\_\_

Non-Members \$ 30 X \_\_\_\_\_ people = \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

Check  Cash

Please make checks payable to GWRRA WY District

Pre-registration ends July 31, 2016 - All registrations after that date will be \$5 dollars additional

**Monday night BBQ Dinner ticket included with each Registration Fee**

Post Riders Name \_\_\_\_\_

Post Co-Riders Name \_\_\_\_\_

GWRRA Membership Number \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

E-Mail (please print clearly) \_\_\_\_\_

Phone \_\_\_\_\_

I/We agree to comply with the terms and rules governing this event and to hold harmless GWRRA, its officers, representatives, co-sponsoring organizations, and property owners for any loss or injury to self or property, and agree to assume responsibility for any property which incurs damage.

Riders Signature \_\_\_\_\_

Co-Riders Signature \_\_\_\_\_

Mail all registration along with your payment to: Rick and Dalene Goetz GWRRA Wyoming District Directors 7033 Redrock Drive, Gillette WY, 82716

Contact us at [rdgoetz@centurylink.net](mailto:rdgoetz@centurylink.net) or 307-682-7900

*Gold Wing Road Riders Association*

**Host Hotel Information**

**Best Western Sheridan Center**  
612 N. Main Street, Sheridan WY  
**GWRRA Rate \$89.95 307-674-7412**

Phone directly to get your GWRRA room rate or go to [www.bestwestern.com](http://www.bestwestern.com) for additional info



**Other Hotels in the area**

Holiday Inn	307-672-8931
Mill Inn	307-672-5401
Comfort Inn	307-675-1101
Candlewood Suites	307-675-2100
Hampton Inn	307-673-2734
Sheridan Inn	307-674-2178

**Campground Information**

**Big Horn Mountain KOA**  
63 Decker Road, Sheridan WY  
307-674-6766 [koa.com/campgrounds/sheridan/](http://koa.com/campgrounds/sheridan/)

Peter D's RV Park  
1105 Joe Street Sheridan WY  
307-673-0567

Check our web site for updates and additional information as we get closer to the rally date  
[www.zenya-wy.org](http://www.zenya-wy.org)

Come join us for two short days of true Western hospitality in Sheridan on your way to Wing Ding. Stop by and say Hi we would love to show you some great riding in and around the area, or even some great routes to Billings

Campground spots are limited, book early

# Springs Wings—For Sale



2003 Honda Goldwing GL1800

Excellent Condition -- Completely overhauled and ready for any trip - 95000 miles

This is a meticulously maintained motorcycle -- Yes it has reverse and adjustable suspension  
AM/FM with CB

Oil and rear drive fluid changed every 2500 miles

Limited Edition Orange with black seat

List of new repairs or parts:

- New Rear tire.
- Newly replaced throttle cable and alternator
- Front fork seals/triple tree/All balls bearings - Progressive fork tubes and anti-dive valve
- Plugs and air filter replaced along with recent clutch and brake fluid flush
- New rear shock and brakes pads, throttle and handlebar grips and clutch caliper bushing
- Recent Radiator Flush and brake recall completed

Additional Accessories:

- Headlight modulator , rear WigWag taillight system and Centramatics wheel balancers
- Chrome engine covers, lower cowl cover and rear trunk trim
- Rear luggage rack and highway pegs
- Driver/ Passenger Intercom system with J&M cords
- Rear passenger volume controller
- Driver seat with lumbar backrest
- Fog Lights
- Handlebar Risers
- External Temp Gauge
- Manual Radiator Fan Switch

This thing is ready to go on any trip you throw at it.  
Call Terry @ 636-696-9472

# Springs Wings

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# Springs Wings

## GOOFY



Goofy is awarded to one Chapter member who has done the goofiest thing since the last meeting. Goofy gets to spend the next month with that person. The person receiving Goofy must add or attach something that represents their “goofy” stunt.

Members, be on the look out for someone pulling a Goofy.

### **Goofy got to go home with our Fearless Leaders, Steve & Jacque**

Something about the upcoming ‘Wind Ding’ !?

Not totally wrong with this...There will no doubt be Wind!!

Spell check was correct in the spelling of ‘Wind’

The grandkids will surely enjoy Goofy’s company.

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